

Swimming Crash Courses

Intensive swimming crash courses for new swimmers and for those wanting to improve their technique. Running weekly throughout the summer holidays starting Monday 24th July with the last course running from Tuesday 29th August 2016.

Ducklings Crash Course

For children aged 3 and 4 years, who are new to swimming and want to gain confidence in the water through structured play and guidance from our experienced swimming teachers.

Beginners Crash Course

For children aged 4 years and above who have experience of being in the water but are new to swimming or have had just a few lessons.

Mon 24th - Fri 28th July	5 lessons £30.00
09.00 - 09.30	Ducklings (3-4 yrs new beginners)
09.30 - 10.00	Beginners (5yrs+)
10.00 - 10.30	Ducklings (3-4 yrs new beginners)
Mon 31st July - Fri 4th August	5 lessons £30.00
08.30 - 09.00	Swim Clinic (stage 4+)
09.00 - 09.30	Ducklings (3-4 yrs new beginners)
09.30 - 10.00	Ducklings (5yrs+)
Mon 7th - Fri 11th August	5 lessons £30.00
08.30 - 09.00	Synchronised swimming for beginners (stage 5+)
09.00 - 09.30	Ducklings (3-4 yrs new beginners)
09.30 - 10.00	Ducklings (5yrs+)
Mon 14th - Fri 18th August	5 lessons £30.00
08.30 - 09.00	Beginners (7 yrs+)
09.00 - 09.30	Ducklings (3-4 yrs new beginners)
09.30 - 10.00	Ducklings (5yrs+)
Mon 21st - Fri 25th August	5 lessons £30.00
08.30 - 09.00	Rookie Lifeguard (swimmers must be over 8yrs & stage 7+)
09.00 - 09.30	Ducklings (3-4 yrs new beginners)
09.30 - 10.00	Ducklings (5yrs+)
Tue 29th August - Fri 1st September	4 lessons £26.00
08.30 - 09.00	Snorkeling (swimmers must be over 8yrs & stage 4+)
09.00 - 09.30	Ducklings (3-4 yrs new beginners)
09.30 - 10.00	Ducklings (5yrs+)

Course participants must become Leisurezone members, which is just £5.90 for the year

To book, please download the [Swimming Enrolment Form](#) from our website:

www.harlowleisurezone.co.uk/kids or call 01279 621500



Holiday Activities



Go Karts



Multi Activity Days



The Chill Zone

Summer Holiday 2017 Kids Activity Programme



Fun and exciting activities for
all ages

www.harlowleisurezone.co.uk

Harlow Leisurezone, Second Avenue, Harlow, Essex, CM20 3DT
Tel: 01279 621500 info@harlowleisurezone.co.uk

Monday 24th July	Tuesday 25th July	Wednesday 26th July	Thursday 27th July	Friday 28th July
Multi Activity Day inc. Kidzz Kingdom, Games Galore, Basketball and Crafts 08.45 - 15.00 5+ years £18.00	Multi Activity Day inc. Kidzz Kingdom, Go Karts, Games Galore and Crafts 08.45 - 15.00 5+ years £18.00	Multi Activity Day inc. Kidzz Kingdom, Tennis, Crafts & Games Galore 08.45 - 15.00 5+ years £18.00	Multi Activity Day inc. Kidzz Kingdom, Go Karts Trampoline and Crafts 08.45 - 15.00 5+ years £18.00	Multi Activity Day including Kidzz Kingdom, Crafts, Dance Party & Games Galore 08.45 - 15.00 5+ years £18.00
VertiGo Summer Club 09.30 - 10.30 8+ years Must attend Multi Activity £4.00	VertiGo Summer Club 09.30 - 10.30 8+ years Must attend Multi Activity £4.00	VertiGo Summer Club 09.30 - 10.30 8+ years Must attend Multi Activity £4.00	VertiGo Summer Club 09.30 - 10.30 8+ years Must attend Multi Activity £4.00	VertiGo Summer Club 09.30 - 10.30 8+ years Must attend Multi Activity £4.00
The Chill Zone 15.00 - 17.15 Enjoy a hot meal whilst watching a complimentary film 5+ years £8.00	The Chill Zone 15.00 - 17.15 Enjoy a hot meal whilst watching a complimentary film 5+ years £8.00	The Chill Zone 15.00 - 17.15 Enjoy a hot meal whilst watching a complimentary film 5+ years £8.00	The Chill Zone 15.00 - 17.15 Enjoy a hot meal whilst watching a complimentary film 5+ years £8.00	The Chill Zone 15.00 - 17.15 Enjoy a hot meal and whilst watching a complimentary film 5+ years £8.00
Kangaroo Club 10.00 - 10.45 & 14.00 - 14.45 Under 5 years £3.80	Go Karts & Bouncy Castle 09.30 - 10.30, 10.45 - 11.45 5 - 13 years, min. height for Go Karts is 106cm £5.00	Roller Skating Camp 09.30 - 12.30 5+ years £12.00	Tennis Frenzy 09.30 - 12.30 5+ years £12.00	Games Galore Family Fun 10.00 - 11.00 £3.50 All ages welcome. Under 8's need adult supervision
Trampoline 11.00 - 12.30 5+ years £6.20		Roller Skating Lesson 10.00 - 11.00, 11.15 - 12.15 5+ years £5.00	Tennis Tots 13.00 - 13.30 3-5 years £3.70	
		Let's Get Crafty Space theme 10.00 - 11.30 5+ years £6.00	Aqua Jets 13.00 - 13.30, 13.30 - 14.00, 14.00 - 14.30 8+ years (must be able to swim 50m) £5.20	
		Aqua Ball Fun Swim 14.00 - 15.30 £4.80 adult £3.70 child		





Summer Holiday 2017 - Kids Activity Programme at Harlow Leisurezone

week two

Monday 31st July	Tuesday 1st August	Wednesday 2nd August	Thursday 3rd August	Friday 4th August
Multi Activity Day inc. Kidzz Kingdom, Games Galore, Trampolining & Crafts 08.45 - 15.00 5+ years £18.00	Multi Activity Day inc. Kidzz Kingdom, Go Karts, Games Galore & Crafts 08.45 - 15.00 5+ years £18.00	Multi Activity Day inc. Kidzz Kingdom, Games Galore, Crazy Football & Crafts 08.45 - 15.00 5+ years £18.00	Multi Activity Day inc. Kidzz Kingdom, Games Galore, Crazy Football & Crafts 08.45 - 15.00 5+ years £18.00	Multi Activity Day inc. Kidzz Kingdom, Games Galore, Badminton & Crafts 08.45 - 15.00 5+ years £18.00
VertiGo Summer Club See week one for details	VertiGo Summer Club See week one for details	VertiGo Summer Club See week one for details	VertiGo Summer Club See week one for details	VertiGo Summer Club See week one for details
The Chill Zone See week one for details	The Chill Zone See week one for details	The Chill Zone See week one for details	The Chill Zone See week one for details	The Chill Zone See week one for details
Volleyball 11.00 - 12.00 5+ years £3.50	Go Karts & Bouncy Castle 09.30 - 10.30, 10.45 - 11.45, 5 - 13 years, minimum height for Go Karts is 106cm £5.00	Roller Skating Camp See week one for details	Trampolining 11.00 - 12.30 5+ years £6.20	Garg's Animal Party 10.00 - 11.00, 11.15 - 12.15 5 - 13 years £5.50
		Roller Skating Lesson See week one for details	Tennis Frenzy 09.30 - 12.30 5+ years £12.00	
		Let's Get Crafty Messy Crafts 10.00 - 11.00 £3.50	Tennis Tots 13.00 - 13.30 5+ years £3.70	
		Inflatable Fun Swim 14.00 - 15.30 £4.70 adult £3.70 child		

week three

Monday 7th August	Tuesday 8th August	Wednesday 9th August	Thursday 10th August	Friday 11th August
Multi Activity Day inc. Kidzz Kingdom, Games Galore, Badminton & Crafts 08.45 - 15.00 5+ years £18.00	Multi Activity Day inc. Kidzz Kingdom, Go Karts, Games Galore & Crafts 08.45 - 15.00 5+ years £18.00	Multi Activity Day inc. Kidzz Kingdom, Games Galore, Basketball & Crafts 08.45 - 15.00 5+ years £18.00	Multi Activity Day inc. Kidzz Kingdom, Games Galore, Trampolining & Crafts 08.45 - 15.00 5+ years £18.00	Multi Activity Day inc. Kidzz Kingdom, Games Galore, Badminton & Crafts 08.45 - 15.00 5+ years £18.00
VertiGo Summer Club See week one for details	VertiGo Summer Club See week one for details	VertiGo Summer Club See week one for details	VertiGo Summer Club See week one for details	VertiGo Summer Club See week one for details
The Chill Zone See week one for details	The Chill Zone See week one for details	The Chill Zone See week one for details	The Chill Zone See week one for details	The Chill Zone See week one for details
Uni Hoc 11.00 - 12.00 5+ years £3.50 Summer Special	Go Karts & Bouncy Castle 09.30 - 10.30, 10.45 - 11.45, 5 - 13 years, minimum height for Go Karts is 106cm £5.00	Roller Skating Camp See week one for details	Tennis Frenzy 09.30 - 12.30 5+ years £12.00	
		Roller Skating Lesson See week one for details	Tennis Tots 13.00 - 13.30 5+ years £3.50	
		Aqua Ball Fun Swim 14.00 - 15.30 £4.80 adult £3.70 child	Aqua Jets 13.00 - 13.30, 13.30 - 14.00, 14.00 - 14.30 8 years & over (must be able to swim 50m) £5.20	

Summer Holiday 2017 - Kids Activity Programme at Harlow Leisurezone

Monday 14th August

Tuesday 15th August

Wednesday 16th August

Thursday 17th August

Friday 18th August

Multi Activity Day
inc. Kidzz Kingdom, Games Galore, Uni Hoc & Crafts
08.45 - 15.00 5+ years £18.00

Multi Activity Day
inc. Kidzz Kingdom, Go Karts, Crafts & Games Galore
08.45 - 15.00 5+ years £18.00

Multi Activity Day
inc. Kidzz Kingdom, Basketball, Games Galore & Crafts
08.45 - 15.00 5+ years £18.00

Multi Activity Day
inc. Kidzz Kingdom, Games Galore, Trampolining & Crafts
08.45 - 15.00 5+ years £18.00

Multi Activity Day
inc. Kidzz Kingdom, Games Galore, Badminton & Crafts
08.45 - 15.00 5+ years £18.00

VertiGo Summer Club
See week one for details

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See week one for details

The Chill Zone
See week one for details

The Chill Zone
See week one for details

Kwik Cricket
11.00 - 12.00 5+ years
£3.50 Summer Special

Go Karts & Bouncy Castle
09.30 - 10.30, 10.45 - 11.45,
5 - 13 years, minimum height
for Go Karts is 106cm £5.00

Roller Skating Camp
See week one for details

Roller Skating Lesson
See week one for details

Tots Activity Session
Inc. Bouncy Castle, Games Galore, Trampolining & more
10.00 - 11.30 Under 5 yrs £3.70

Tennis Frenzy
09.30 - 12.30 5+ years £12.00

Tennis Tots
13.00 - 13.30 5+ years £3.70

Aqua Jets
See week two for details



Karate
10.00 - 11.00 5+ years
£3.50 Summer Special

Inflatable Fun Swim
14.00 - 15.30
£4.70 adult £3.70 child

Thursday 24th August

Friday 25th August

Monday 21st August

Tuesday 22nd August

Wednesday 23rd August

Multi Activity Day
inc. Kidzz Kingdom, Games Galore, Football Frenzy & Crafts
08.45 - 15.00 5+ years £18.00

Multi Activity Day
inc. Kidzz Kingdom, Crafts, Go Karts & Games Galore
08.45 - 15.00 5+ years £18.00

Multi Activity Day
inc. Kidzz Kingdom, Crafts, Uni Hoc & Games Galore
08.45 - 15.00 5+ years £18.00

Multi Activity Day
inc. Kidzz Kingdom, Basketball, Games Galore and Crafts
08.45 - 15.00 5+ years £18.00

Multi Activity Day
inc. Kidzz Kingdom, Games Galore, Crafts & Dance Party
08.45 - 15.00 5+ years £18.00

VertiGo Summer Club
See week one for details

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The Chill Zone
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See week one for details

Kwik Cricket
11.00 - 12.00 5+ years
£3.50 Summer Special

Go Karts & Bouncy Castle
09.30 - 10.30, 10.45 - 11.45,
5 - 13 years, minimum height
for Go Karts is 106cm £5.00

Roller Skating Camp
See week one for details

Roller Skating Lesson
See week one for details

Karate
10.00 - 11.00 5+ years £3.50

Aqua Ball Fun Swim
14.00 - 15.30 £4.80 ad £3.70 ch

Tennis Frenzy
09.30 - 12.30 5+ years £12.00

Tennis Tots
13.00 - 13.30 5+ years £3.70



week four

week five

week six

Monday 28th August

Bank Holiday Monday
Opening Times 08.00 - 18.00

Family Swim Saver

only £12.20
2 adults and
up to 2 children!

Kids Holiday Rackets Offer

only £4.20 per court for
Tennis, Table Tennis and
Badminton and only £2.20 per
court for Squash!

Tuesday 29th August

Multi Activity Day
inc. Kidzz Kingdom, Crafts, Go
Karts & Games Galore
08.45 - 15.00 5+ years £18.00

VertiGo Summer Club
See week one for details

The Chill Zone
See week one for details

Go Karts & Bouncy Castle
09.30 - 10.30, 10.45 - 11.45,
5 - 13 years, minimum height
for Go Karts is 106cm £5.00

Wednesday 30th August

Multi Activity Day
inc. Kidzz Kingdom, Games
Galore, Kwik Cricket & Crafts,
08.45 - 15.00 5+ years £18.00

VertiGo Summer Club
See week one for details

The Chill Zone
See week one for details

Roller Skating Camp
See week one for details

Roller Skating Lesson
See week one for details

Inflatable Fun Swim
14.00 - 15.30
£4.70 adult £3.70 child

Thursday 31st August

Multi Activity Day
inc. Kidzz Kingdom, Games
Galore, Crafts & Trampolining
08.45 - 15.00 5+ years £18.00

VertiGo Summer Club
See week one for details

The Chill Zone
See week one for details

Tennis Frenzy
09.30 - 12.30 5+ years £12.00

Trampolining
11.00 - 12.30 5+ years £6.20

Tennis Tots
13.00 - 13.30 5+ years £3.70

Friday 1st September

Multi Activity Day
including Kidzz Kingdom,
Crafts, Uni Hoc & Games Galore
08.45 - 15.00 5+ years £18.00

VertiGo Summer Club
See week one for details

The Chill Zone
See week one for details

How to book:

Book via email and telephone:

1. Download a booking form from www.harlowleisurezone.co.uk/kids
2. Return your completed form to info@harlowleisurezone.co.uk
3. Once we have received your form we will call you to arrange payment over the phone.

Book and pay in person:

1. Collect a form from Leisurezone Reception
2. Complete and return your booking form to Reception and pay for your booking.

*Forms are not needed for Fun Swims or Under 5's activities

Please note: The prices stated are member prices. Guest Fees apply to non members of up to £2 per session. It's only £5.90 for the year to register as a Junior Member.

*Bookings cannot be made without prior receipt of a completed form. Please ensure your child is dressed in the appropriate clothing and footwear for the chosen activity.

Free Parking is only when paying for an activity.

All activities are subject to availability.

Bookings emails are received and processed on weekdays 9am - 4pm.

Tots Activity Sessions

Tuesday 11th July 13.15-14.45 & Thursday 17th August 10.00-11.30

Come along to Leisurezone and enjoy this fun activity session for pre-school children.

All the activities below for only £3.70 per child! Activities will include:

- Kangaroo Club (Tots Trampolining)
- Soccer Tots
- Mini Mayhem Soft Play
- Bouncy Castle



Family Swim Saver

only £12.20

2 adults and up to 2 children!

Offer valid at weekends and during School Holidays
(No Guest Fees apply)

Kids Holiday Rackets Offer

only £4.20 per court for Tennis, Table Tennis and
Badminton and only £2.20 per court for Squash!

Offer valid at Off Peak times during School Holidays (No Guest Fees apply)

Activity Information

Multi Activity Morning / Day

A fun filled session with a mixture of sporting activities and exciting art and craft activities, ideal for all. Please bring a packed lunch and drink if staying for the day.

Activities listed are for full day sessions and are not guaranteed for half day sessions.

Cost: Morning/Afternoon £ 12.00 / Day £18.00. £80 if the full week is paid.

5-13yrs

VertiGo Summer Club

Open to children aged 8 and over who are booked onto the Multi Activity Day. Includes Step Tower and Leap of Faith.

8-13yrs

Cost: £4.00

The Chill Zone

Relax after a busy day with our holiday staff. Enjoy a hot meal whilst watching a complimentary movie.

5-13yrs

Cost: £8.00

Let's Get Crafty - Space Theme

Crafts to expand the mind and create a universe of fun and stars that sparkle. Under 5 yrs must have adult supervision

All ages

Cost: £6.00

Let's Get Crafty - Messy Crafts

Create a work of art and take it home with you. Don't forget to wear your messy clothes! Under 5 yrs must have adult supervision

All ages

Cost: £3.50

Trampolining

Bounce yourself happy during this popular session. Ideal for beginners and improvers, an excellent way to keep fit and have fun.

5-13yrs

Cost: £6.20

Go Karts and Bouncy Castle

Whizz around our fabulous Go Kart race track and compete to win! Have bouncing fun in between races too!

5-13yrs

Cost £5.00

Games Galore Family Fun

An action packed games session with fun old favourites and new exciting games! Under 5 yrs must have adult supervision

All ages

Cost: £3.50

Tennis Frenzy

Learn the basics through to match play.

5-13yrs

Cost: £12.00

Roller Skating Camp

Work towards a skating award, build your confidence and learn some skills.

5-13yrs

Cost: £12.00

Roller Skating Lesson

Aimed at beginners and those less confident. Learn the basics and have some fun.

5-13yrs

Cost: £5.00

Activity Information

Aqua Ball/Inflatable/Fun Float Fun Swims

For children 8 years and over, come along and walk on water in our Aquaballs or take the challenge of our giant inflatable! For our under 8's and non swimmers, we have a fun float session in the Learner pool. (Under 8's must be accompanied by an adult).

Cost: Aqua Ball £3.70 Child, £4.80 Adult. Inflatable £3.70 Child, £4.70 Adult. Arrive early to collect your bands.

All ages

Aqua Jets

Be propelled by these high tech aqua jet scooters, great fun and easy to use. For strong swimmers only. Participants must be able to swim 50m.

Over 8 yrs

Cost: £5.20

Gargs Animal Party

Get a chance to meet Snakes, Spiders and some cuddly creatures. Learn some interesting facts and hold them if you're brave enough!

Under 5 yrs must have adult supervision

All ages

Cost: £5.50

Karate

Learn the basics or have some extra practice. Taken by a Twice World Cup Champion, this class will encourage discipline and skills and increase fitness.

5-13yrs

Cost: £3.50

Volleyball

Lots of Volleyball fun to be had while you learn the rules and gain the skill to become a winner.

5-13yrs

Cost: £3.50

Uni Hoc

Have a jolly time while playing this fast paced game, learn the skills and tactics to become the best.

5-13yrs

Cost: £3.50

Kwik Cricket

Learn the basics or picks up some tips with this indoor game which is ideal for boys and girls to enjoy.

5-13yrs

Cost: £3.50

Kangaroo Club - Pre School Trampolining

A fun introduction to trampolining for under 5's.

Under 5 yrs

Cost: £3.80 - please book in advance

Tennis Tots

A fun introduction to Tennis, this session will help to develop racket skills and hand to eye coordination.

Under 5 yrs

Cost: £3.70 - please book in advance

All activities are subject to availability. Please book and pay in advance to avoid disappointment.