

Leisurezone

Session Price List



Gym Sessions

Inductions

Adult	£20.00
Student and Youth	£10.00

(students must provide proof of full time education)

Gym Sessions

		Leisure Card & 65yrs+
Peak	£6.50	n/a
Off Peak**	£5.20	£4.20**
Youth* (11 - 17)	£4.50	£3.50**

(11-13 yrs can only attend during scheduled sessions)

Please note that usage of the gym is for members only, unless a guest pass is purchased

Guest Pass (for 2 activities) £13.50

Personal Training

Members (per hour)	£28.00
Block of 6 PT sessions (get one free)	£140.00
Group PT per hour (2 to 4 people)	£50.00
Non-member (per hour)	£33.00

Fitness Classes

		Leisure Card & 65yrs+
Peak	£5.25	n/a
Off Peak**	£4.50	£3.60**
LZ Cycle	£6.00	n/a
HIIT	£4.50	n/a
Virtual Cycling 1 hour	£4.00	n/a
Virtual Cycling 45 mins	£3.50	n/a
Virtual Cycling 30 mins	£3.00	n/a

Health Spa

		Leisure Card & Over 65s
Spa Session (1 hour)	£6.00	£4.60**
Swim and Spa (Adult members only)	£7.70	

General Activities

		Leisure Card & 65yrs+
Junior/Family Multi Rackets	£5.25	n/a
(2 hours, during Off Peak hours only)		
Short Mat Bowls	£3.80	£3.10**

Pool Sessions

		Leisure Card & 65yrs+
Adult Swim	£5.30	£4.10**
Child Swim (2 –15yrs)	£3.10	£2.60**
Under 2 yrs	Free	
Inflatable Fun Swim (8-15yrs)	£4.40	
(Adults can accompany their child(ren) to the fun swim for £5.30)		
Active Retired Chill Out Swim	£3.00	
Family Swim Saver	£13.70	
(Two adults, up to two children, no guest fee applies. Weekends and School Holidays only)		
AquaFit classes	£6.00	£4.80**

Please note: A £1 guest fee applies to non members on the above pool prices. Swim sessions are based on a guaranteed minimum of 45 minutes.

Swimming Lessons

Children's Swimming Lessons	£24.80
Adult's Swimming Lessons	£24.80

(per month when signing up for a Direct Debit. Must have current Harlow Leisurezone membership)

Racket Sports

		Leisure Card & 65yrs+
Badminton (1 hour) per court	£ 9.40	£7.40**
Badminton (Club Night)	£ 6.90	
Active Retired Rackets	£ 4.00	£3.30**
Table Tennis (1 hour)	£ 9.40	£7.40**
Squash (per court 40 mins)	£ 6.90	£5.30**
Squash (roll on fee)	£ 3.50	
Squash (Club Night 2 games)	£ 5.25	
Junior Holiday Badminton*	£ 4.50	
Junior Holiday Table Tennis*	£ 4.50	
Junior Holiday Squash*	£ 2.40	
Racket hire	£ 1.50	

Sports Arena Hire

		Leisure Card & 65yrs+
Whole Hall (1 hour)	£ 91.00	£68.60**
Half Hall (1 hour)	£ 45.50	£34.80**
Off Peak 5-A-Side Football	£ 16.00	
(Off Peak and Leisure Card bookings must be booked on the day by 3.30pm)		

For all the above activities, non members will be charged an additional £2 Guest Fee on top of the activity price, with the exception of pool sessions which incur a £1 non member levy.

Leisure Card discounts are only available during Off Peak hours.

*Full adult price charged from 16:30 onwards Monday - Friday and all day at weekends.

** Off Peak times are Monday to Friday between 06:00 - 16:30. For Off Peak members, car park barriers and swipe access around the building will only function inside of these times.

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